

# THE CORNELL METHOD

## ABOUT

The **Cornell** note-taking method was devised in the 1940s by Dr Walter Pauk, at Cornell University.

## HOW

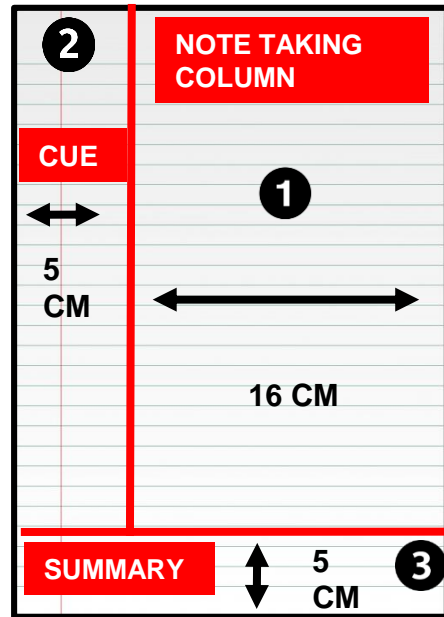
Divide an A4 page into the three sections as shown.

You can use different dimensions for each section if you prefer

Each section has a specific purpose:

- 1  RECORD
- 2  QUESTIONS
- 3  REVIEW

- ✓ Efficient method of taking notes
- ✓ Encourages reflection
- ✓ Makes an effective study guide for revision and exam preparation



**1** Write your notes in this section **whilst watching the video**

Use **any format** you like to record these notes (for example, mind-mapping)

Record only the **important information** (don't write in full sentences)

Focus on **ideas** rather than the actual words

**2** This section is for **recall after** you have written your notes.

Once your notes are completed, **write a series of questions** that are answered by the notes.

When you **review** your notes, cover the note taking column with a blank piece of paper and try to **answer the questions** you have written.

**3** A **summary** of the notes taken

It should be **concise** focusing on **key ideas** only

Written in **your own words**

**NOTES + CUES + SUMMARY** should show how all ideas fit together

## SUMMER INDEPENDENT LEARNING

At New College, you will receive lots of advice about how you learn and effective study strategies. To introduce you to this, we would like you to watch the series of short videos below. Read the advice on Cornell note-taking on the left-hand side and use this to create notes on the videos.

### HOW YOUR MEMORY WORKS

<https://sho.co/1B99G>

Retrieval practice

<https://www.youtube.com/watch?v=wrDOoBuP9A8>

Spaced practice

<https://www.youtube.com/watch?v=tQCuuSdBaQs>

Interleaving

<https://www.youtube.com/watch?v=8MofOoLtyaA>