



BTEC Dance Summer Independent Learning Activity

Welcome to BTEC Extended Certificate in Performance (Dance). Please complete the following tasks ready for your first day.

Task 1: Understand the role and skills of a performer.

For this task you will need to create a case study for a professional dance performer, choreographer, artist of your choice. Your case study needs to include:

- Biographical information such as: Age, training, background, education
- Training: styles, places
- Achievements in dance such as: credits, awards, performances, TV specials
- What makes them successful? What skills and traits do they have that makes them a good fit for this career?
- Why you have chosen this artist as your inspirational case study?

**Include images, videos and clear examples in your work, if it is written ensure you include all relevant information.*

Task 2 - A: Research the following dance terms. Give the definition of each term as well as (at least 5) examples of the skills.

- Physical Skills
- Interpretive Skills
- Technical Skills

Task 2 – B: Create a mind map of interpersonal/transferable (*e.g time management, organisation*) skills needed to become a professional performer. Remember to state WHY you think a dancer/performer needs each of these skills.

Task 3: Research the following three styles of dance;

- Contemporary
- Jazz
- Urban/Commercial

With each of the following styles answer the following questions (this can be done in a word document or written

- 1) What are the stylistic features of this style?
- 2) Name three choreographers that use this style of dance
- 3) Explain the main movement components of this style of dance, *e.g- Contemporary – swings, use of breath etc.*
- 4) How is the body used within each style e.g what muscles are used the most? *For example, in ballet the position of turn out uses the **abductor and adductor** muscles frequently.*
- 5) Evaluate how this style of dance is used in dance pieces and performances *e.g – telling a story, to showcase technique, to entertain in music videos etc...* Ensure you note your own opinion on the style.

Task 4: Solo (1-2min)

Please prepare a short solo in the style of dance you are most confident with. Please provide your own music.

Please ensure you bring this work, to your first Dance class in September.